

THE MINIMUM RECOMMENDED PERSONAL PROTECTIVE EQUIPMENT (PPE) FOR POLICE OFFICERS



PARTICULATE RESPIRATOR

(i.e., N-95 or higher-level respirator); Facemasks are an acceptable alternative until the supply chain is restored.

EYE PROTECTION

(i.e., goggles or disposable face shield that fully covers the front and sides of the face)

DISPOSABLE ISOLATION GOWN

or single-use/disposable coveralls. If unable to wear a disposable gown or coveralls because it limits access to duty belt and gear, ensure duty belt and gear are disinfected after contact with individual.

A single pair of
DISPOSABLE EXAMINATION GLOVES

RECOMMENDED PERSONAL PROTECTIVE EQUIPMENT (PPE)



The minimum PPE recommended is:

- **A single pair of disposable examination gloves,**
- **Disposable isolation gown or single-use/disposable coveralls*;**
- **Any approved particulate respirator (i.e., N-95 or higher-level respirator); Facemasks are an acceptable alternative until the supply chain is restored; and**
- **Eye protection (i.e., goggles or disposable face shield that fully covers the front and sides of the face)**

***If unable to wear a disposable gown or coveralls because it limits access to duty belt and gear, ensure duty belt and gear are disinfected after contact with individual.**

COVID-19: Staying Healthy as a Police Officer

Take the following steps to protect yourself to reduce the likelihood of contracting COVID-19.

- Practice proper hand hygiene by promptly washing or sanitizing hands after coughing, sneezing, or physically interacting with others. Wash your hands for at least 20 seconds with soap and water.
- Avoid touching your face (eyes, nose, and mouth).
- Cover your mouth and nose with your bent elbow or tissue when you cough or sneeze. Make sure to dispose of the tissue immediately. Wash your hands with soap immediately after sneezing or coughing.
- Avoid close physical contact with others, including shaking hands and hugging.
- Maintain at least 2 meters distance between yourself and anyone who is coughing or sneezing, when possible.
- Promptly disinfect your gear including your duty belt after physical contact with any individual.
- Keep disinfectant wipes and hand sanitizer in an easily accessible place while on-duty.
- Only wear a mask if coming into contact with someone who has the COVID-19 virus and make sure to know how to properly use and dispose of it.
- Educate yourself and participate in training on the use of Personal Protective Equipment (PPE) for respiratory protection, if available at your agency. Ensure only trained personnel wearing appropriate PPE have contact with individuals who have or may have COVID-19.
- Make sure to know your agency's plans and protocols for exposure control.
- Seek medical care early if you have a fever, cough and difficulty breathing.

COVID-19-infected droplets may be able to live on nearly any surface.

Consider sanitizing items you frequently touch during a shift:

- Phone
- Laptop
- Clipboard
- Patrol car equipment
 - Steering wheel
 - Gear shift
 - Dispatch radio module
 - Door handles and edges